

# Assessment Checklist for Mountain Biking



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**0845 300 1818**

## Introduction

This is an assessment checklist to use in assessing an applicant to gain a permit to lead mountain biking. More details on the permit scheme, assessing, technical skills and mountain biking can be found in resources listed in [FS120084 Scout Led Activities Index](#).

## Using this checklist

This checklist is the syllabus that an applicant should be assessed against for the technical section of gaining a permit. The columns on the right of each skill show whether it is applicable for each type of permit:

- P – Personal permits
- L – Leadership permits
- S – Supervisory permits

Once an assessment is complete the assessor should fill in the back page and give it to the applicant to take to their Commissioner.

**Mountain Biking**

Name: \_\_\_\_\_

Core Skill	Terrain 1 Summer			Terrain 2 Summer			Terrain 1 Winter			Terrain 2 Winter		
	P	L	S	P	L	S	P	L	S	P	L	S
<b>Responsibilities</b>												
▪ Be aware of the limits of your own abilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
▪ Choose objectives appropriate to the group.		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
▪ Plan effectively in advance.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
▪ Able to identify when remote supervision is not appropriate in running mountain biking.			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
<b>Group Management</b>												
▪ Manage and communicate with a group effectively.		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
▪ Ensure the group is adequately briefed before mountain biking.		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
▪ Able to identify group members with the skills and experience to be able to lead mountain biking as a designated leader under supervision.			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
▪ Able to set up appropriate monitoring systems to effectively supervise mountain biking groups.			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
▪ Able to ensure that designated leaders are aware of their responsibilities.			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
<b>Risk Assessment</b>												
▪ Know how to complete a risk assessment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
▪ Able to effectively identify the hazards and risks and know how to reduce or remove them, during mountain biking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
▪ Able to train participants to carry out their own dynamic risk assessments.			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
▪ Able to complete a risk assessment and identify those factors that are likely to change gradually or quickly.			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
▪ Able to identify emergency procedures in a number of situations			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>			<input type="checkbox"/>
<b>Weather</b>												
▪ Knowledge of where to gain weather information.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
▪ Knowledge of how weather conditions can affect mountain biking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Technical</b>												
▪ Ability to safely ride over an obstacle 20cm in height.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
▪ Ability to safely ride over an obstacle 30cm in height.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
▪ Ability to ride down a drop of 15cm in height.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
▪ Ability to ride down a drop of 20cm in height.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



**Notes**

## Mountain Biking - Permit Assessment

The applicant should keep this form once it has been completed by the assessor and take it to their Commissioner.

<b>Applicant's name</b>		<b>Member No.</b>	
<b>Permit applied for</b>	Terrain 1 Summer / Terrain 2 Summer / Terrain 1 Winter / Terrain 2 Winter		
<b>Category</b>	Personal / Leadership / Supervisory		
<b>1. TECHNICAL COMPETENCE</b>			<b>Done</b> <input type="checkbox"/>
<b>Description:</b> Technical assessment based on competence in all areas of the assessment checklist.			
<b>To be completed by:</b> Either a County Assessor or an external assessor with the appropriate NGB award.			
<b>Restrictions based on technical assessment:</b>			
			<b>Date</b>
<b>Assessor: Signature</b>		<b>Name</b>	
<b>County (if TSA Assessor)</b>		<b>Phone</b>	
<b>2. SCOUT ASSOCIATION RULES</b>			<b>Done</b> <input type="checkbox"/>
<b>Description:</b> Check of knowledge of the appropriate Scout Association rules for running mountain biking. Appropriate rules can be found in <a href="#">FS120084 Scout Led Activities Index</a> .			
<b>To be completed by:</b> Either a County Assessor, Commissioner or nominee of the Commissioner.			
<b>Restrictions based on knowledge of The Scout Association rules:</b>			
			<b>Date</b>
<b>Signature</b>		<b>Name</b>	<b>Role</b>
<b>3. SAFEGUARDING</b>			<b>Done</b> <input type="checkbox"/>
<b>Description:</b> Check applicant has undertaken the necessary personal enquiry checks and received the appropriate safeguarding training.			
<b>To be completed by:</b> Commissioner or nominee of the Commissioner.			
<b>Restrictions based on Child Protection:</b>			
			<b>Date</b>
<b>Signature</b>		<b>Name</b>	<b>Role</b>
<b>4. PERSONAL SUITABILITY</b>			<b>Done</b> <input type="checkbox"/>
<b>Description:</b> Check the applicant is suitable (attitude etc) based on the demands of mountain biking.			
<b>To be completed by:</b> Commissioner or nominee of the Commissioner.			
<b>Restrictions based on personal suitability:</b>			
			<b>Date</b>
<b>Signature</b>		<b>Name</b>	<b>Role</b>
<b>5. PERMIT GRANTED</b>			<b>Entered on the membership database</b> <input type="checkbox"/>
<b>Restrictions:</b>			
			<b>Expiry date</b>
<b>Commissioner signature</b>		<b>Date</b>	